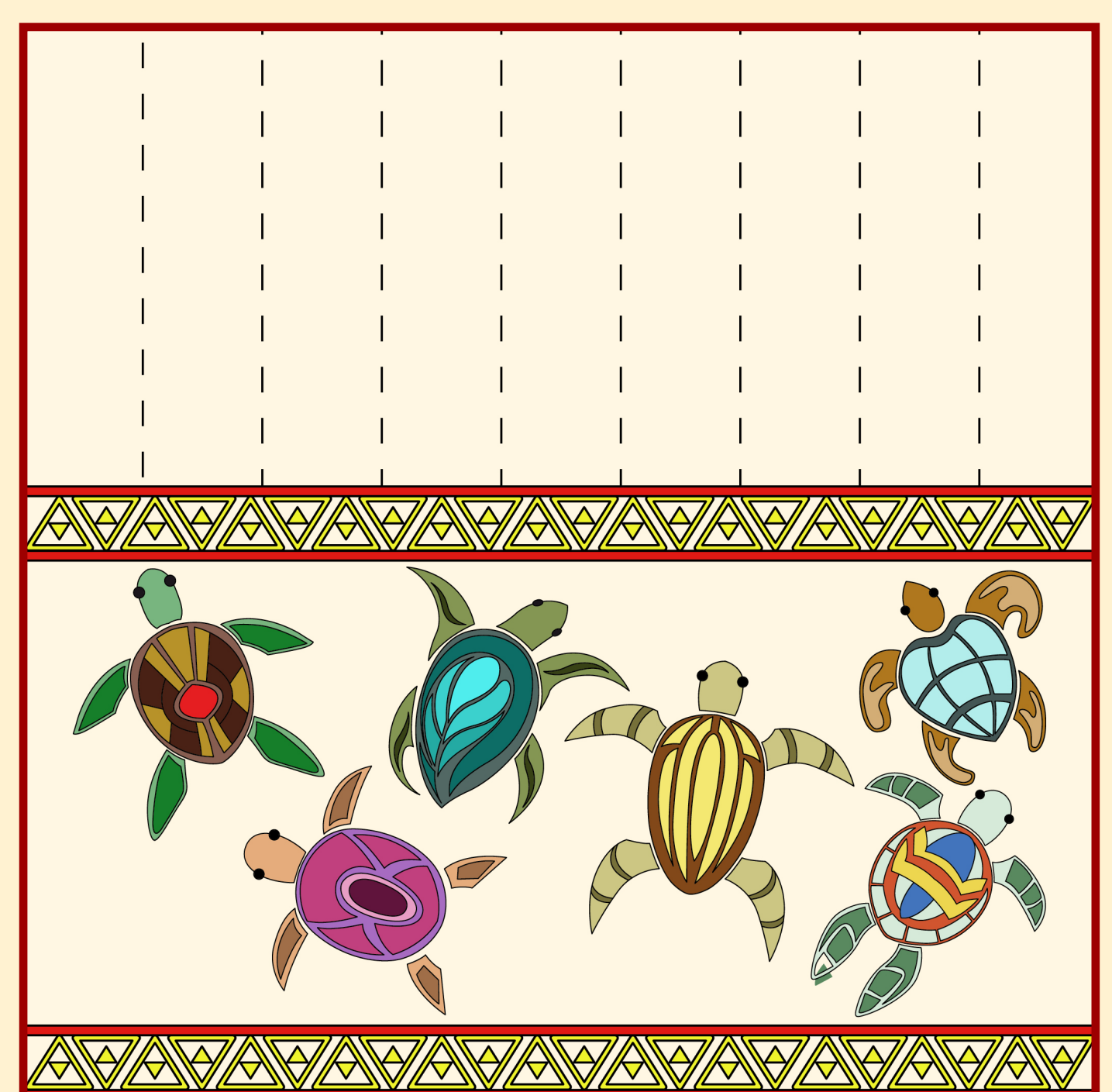
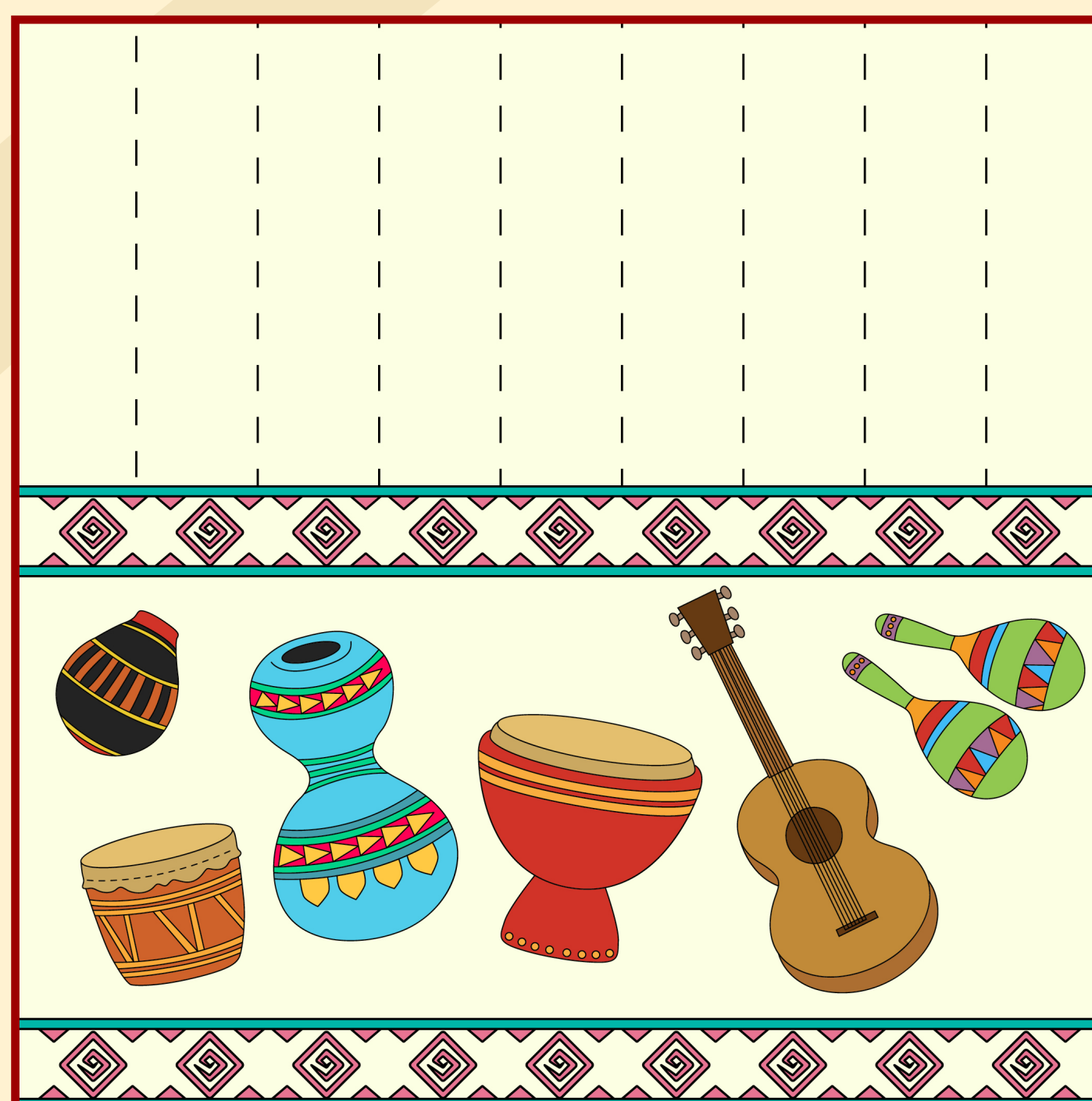
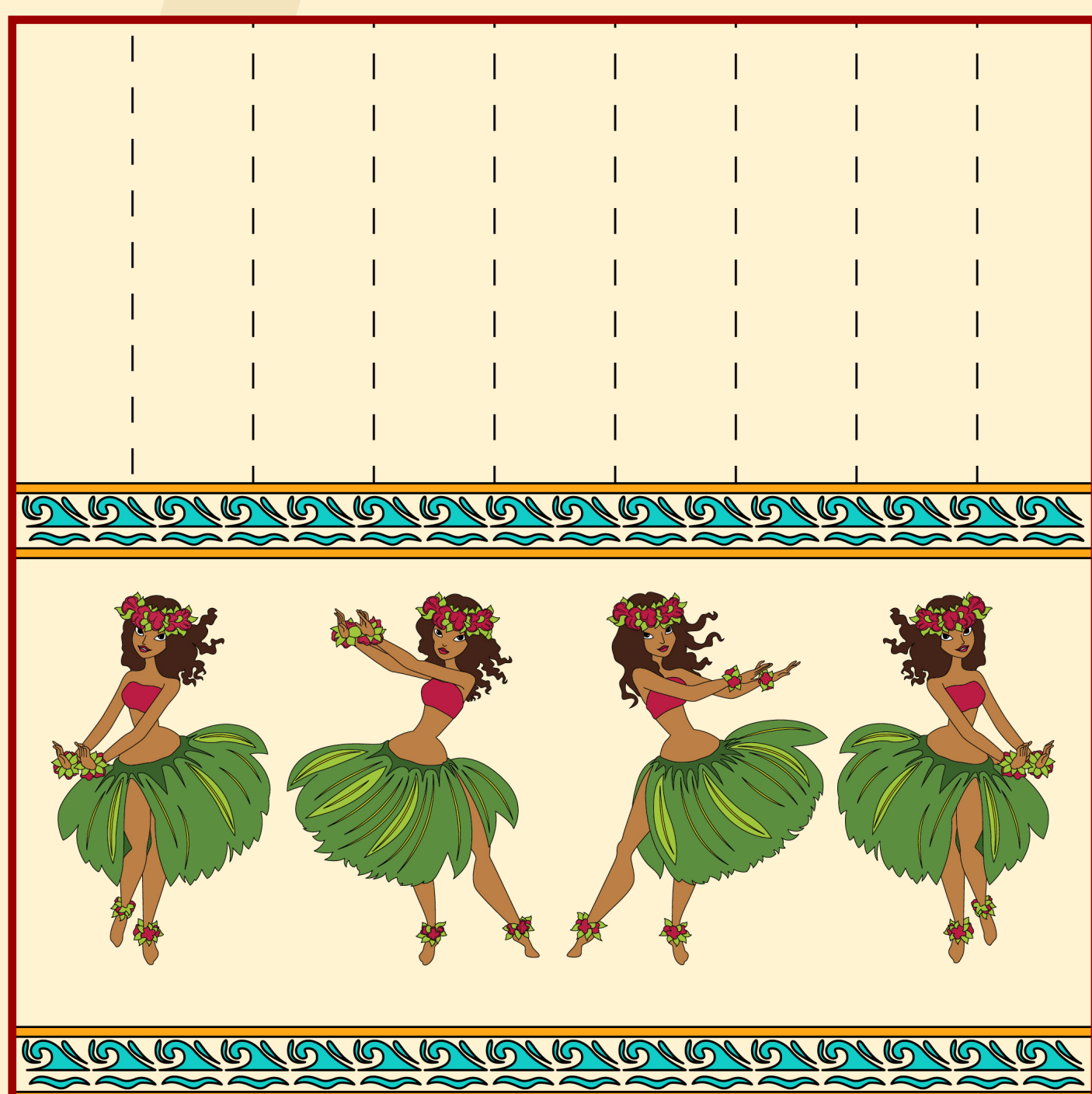
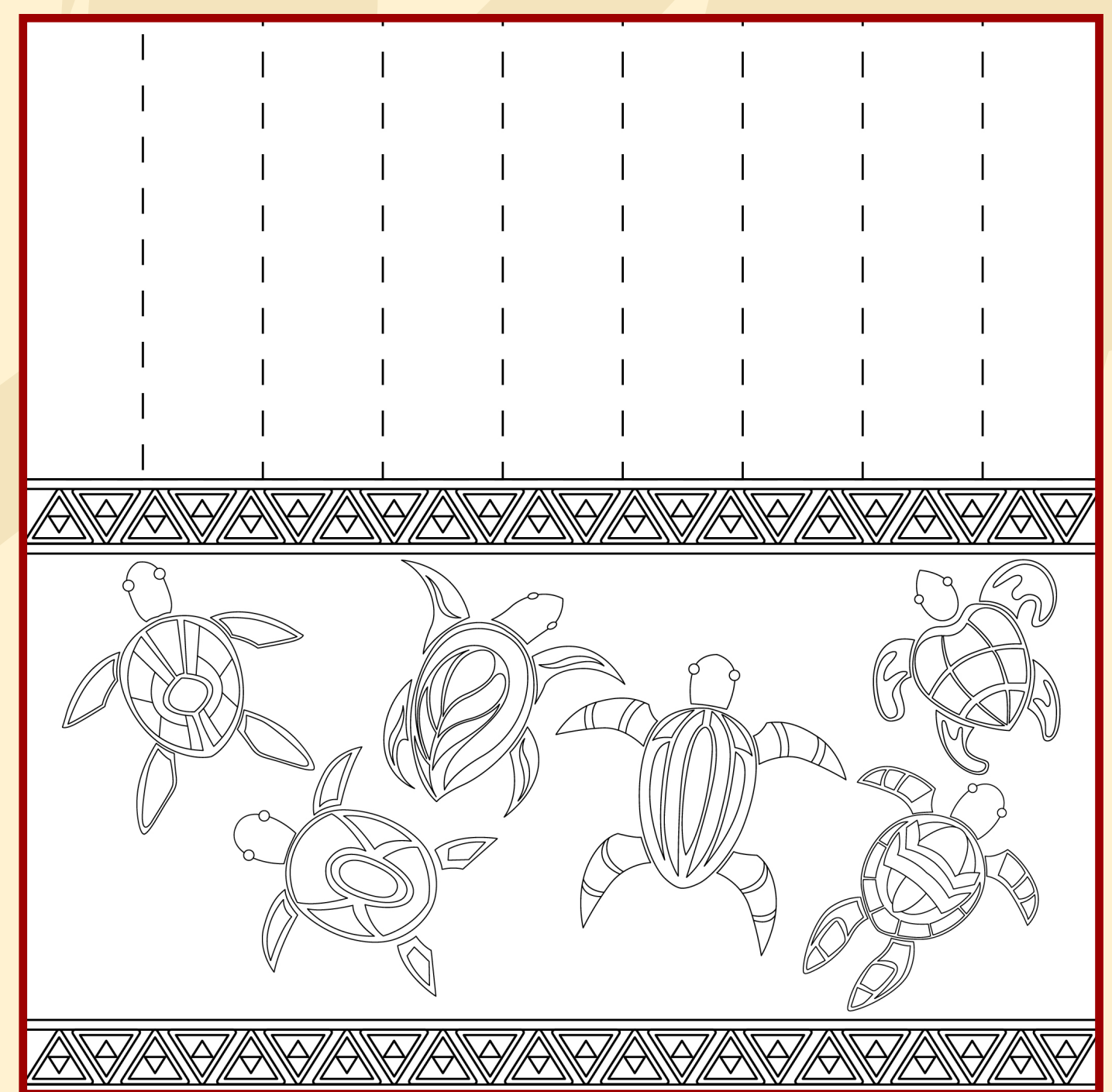
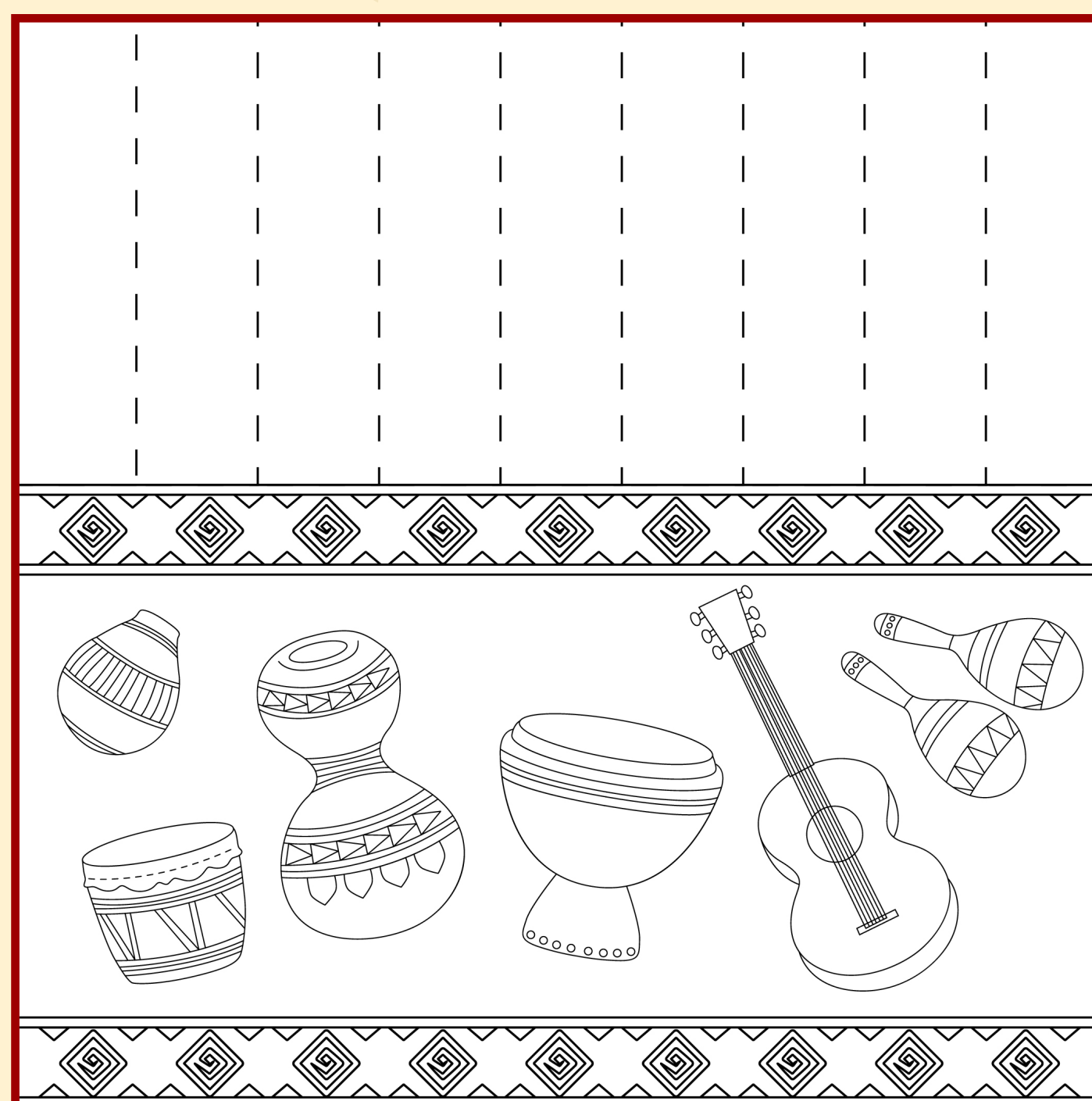
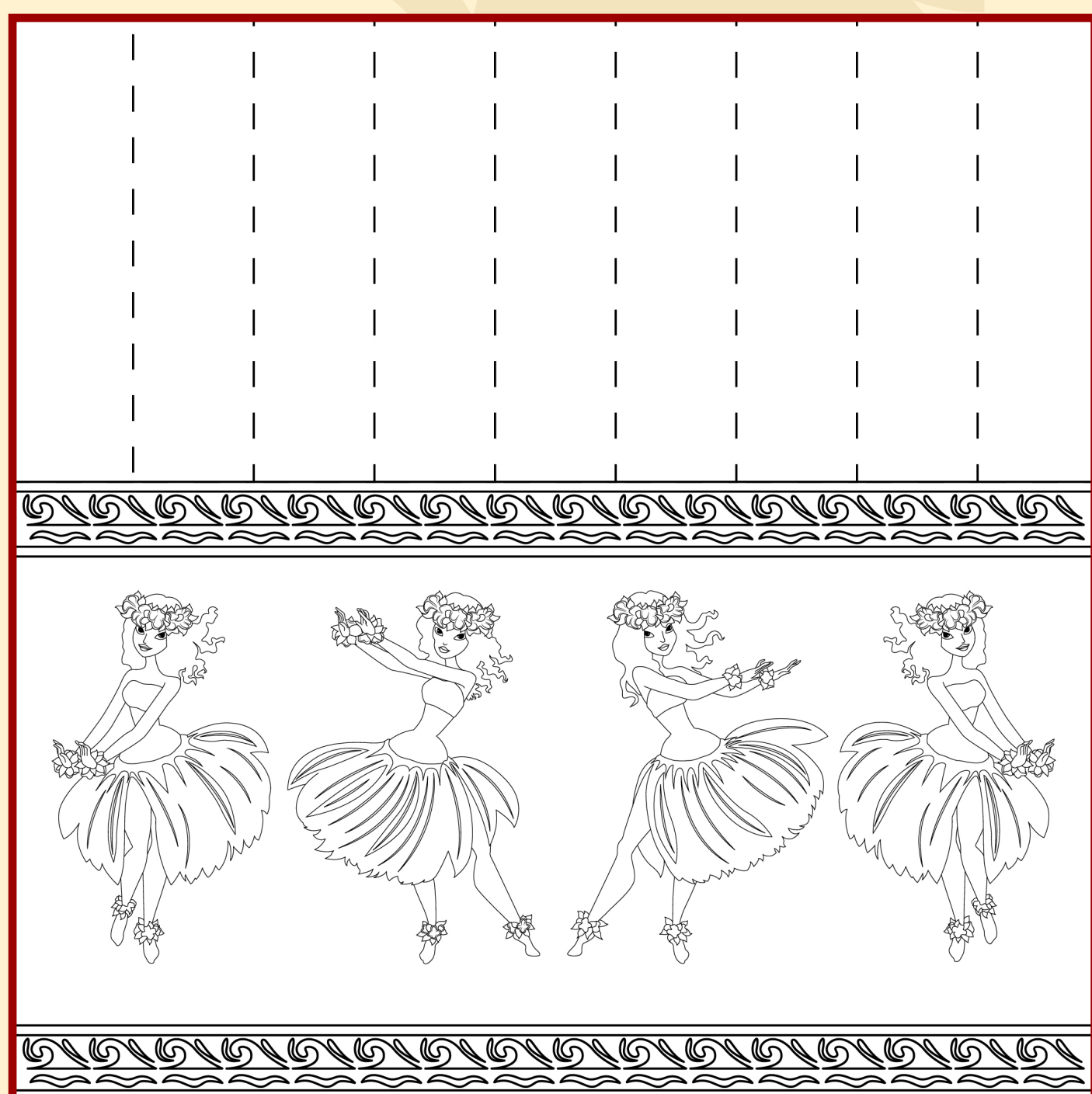


Make Your Own

Mini Pu'ili Hawaiian Rhythm Stick For Kids

Here's a crafty version of pu'ili that are perfect for smaller hands. Pu'ili are special Hawaiian rhythm sticks made from bamboo and often used in the hula. The bamboo sticks are cut at the top so when they are struck together they make a unique rattling sound that becomes part of the music and the dance.

In this instruction packet you'll find three sets of designs that include turtles, hula dancers and Hawaiian instruments. Choose the colorful version or the black and white version to color your own!



Supplies

- Markers, colored pencils or crayons
- Toilet paper rolls (2 per craft)
- Scissors
- Tape

How To Make Them

Choose the colorful designs or color your own. Remember each player requires two pu'ili sticks. Feel free to choose two matching designs or mix them up.

Cut away the excess paper to the top and the bottom of each design page. Cut the dotted line where the paper will fan out a bit and become like the bamboo splints. Tape the designs into place on the toilet paper rolls and you're ready to play.

How To Play Pu'ili

If you have a chance, check out some videos of dancers playing pu'ili. They will really inspire you. Here are some easy ways to get started with your new percussion instruments.

- Tap the two sticks together in front of you at chest level.
- Tap the two sticks together to your right at chest level.
- Tap the two sticks together to your left at chest level.
- Tap the two sticks to your right and left at the level of you head.
- Tap the two sticks to your right and left at the level of your feet.
- Tap the two sticks in front on you gently on the ground.

Where ever you tap the sticks, try alternating right stick on top and then left stick on top, playing with patterns of movement as well as sound.

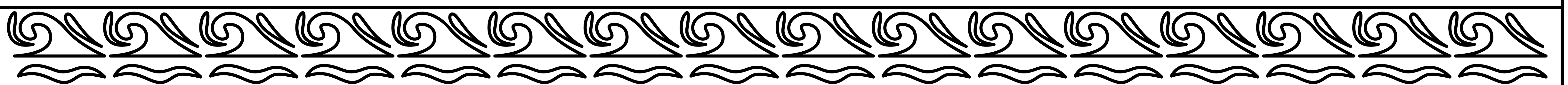
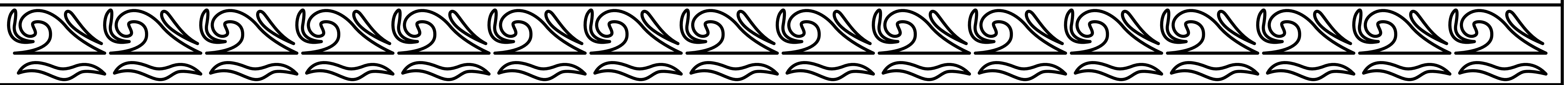
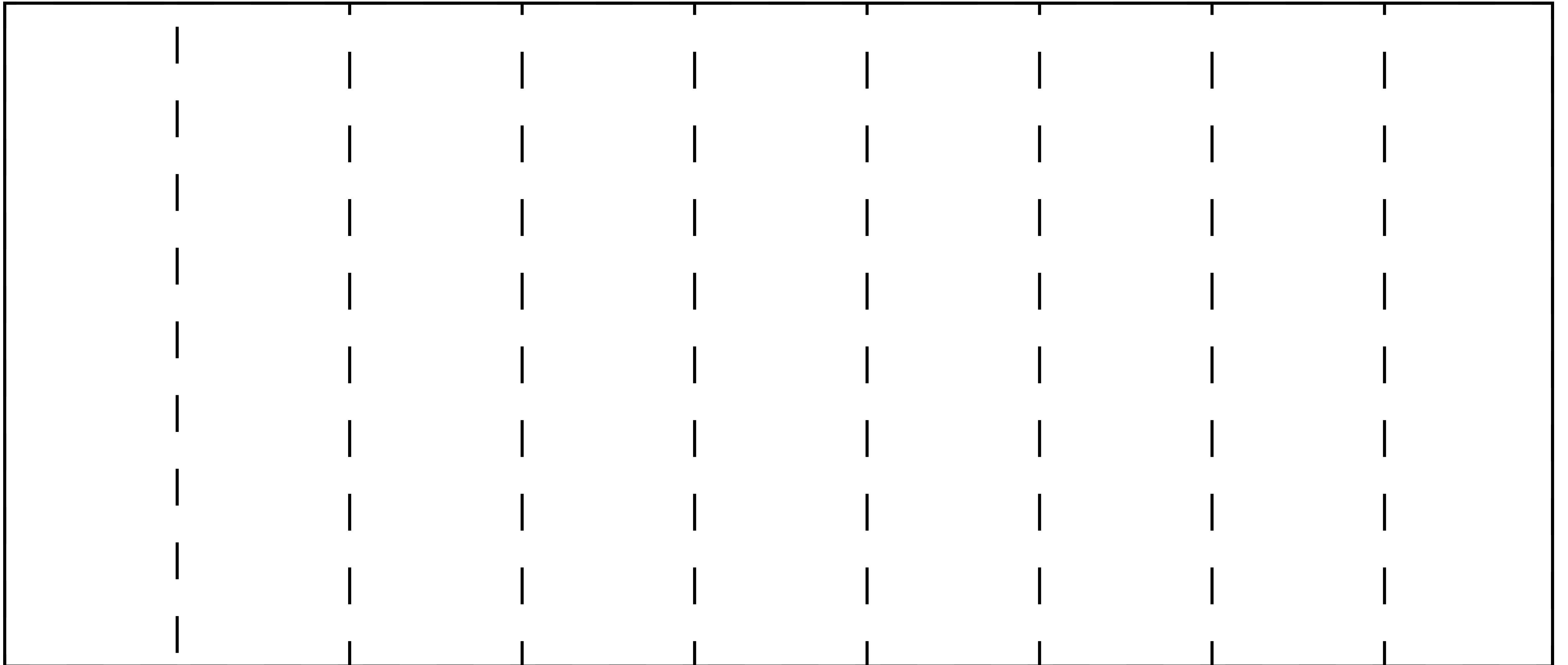
- Tap free form along to music from Hawaii or your favorite music. Try to tap to the beat.

Try making up your own series of movements and teach them to a friend.

Stand face to face and each person makes up a series of movements. Their partner has to try to repeat what they've seen.

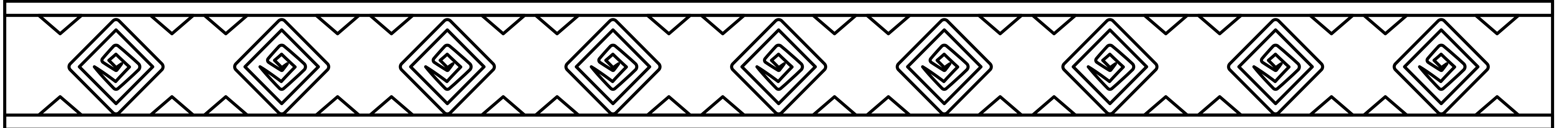
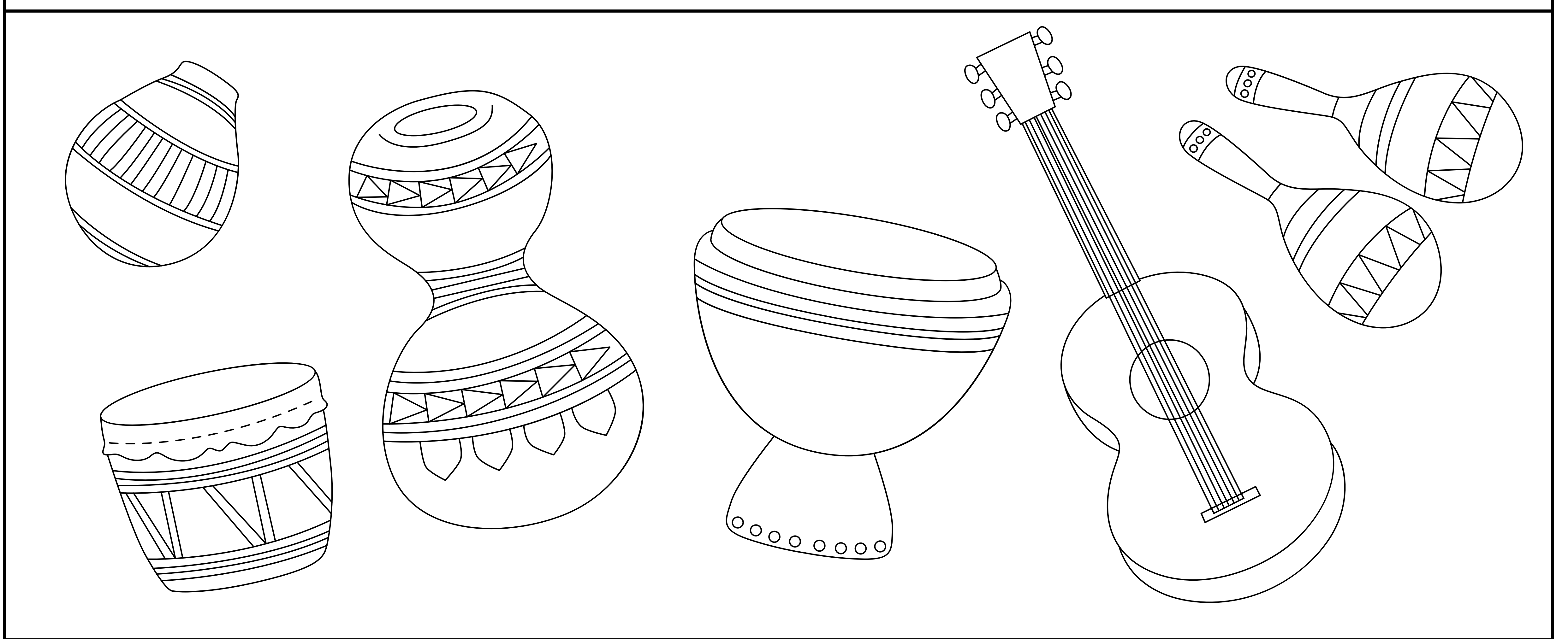
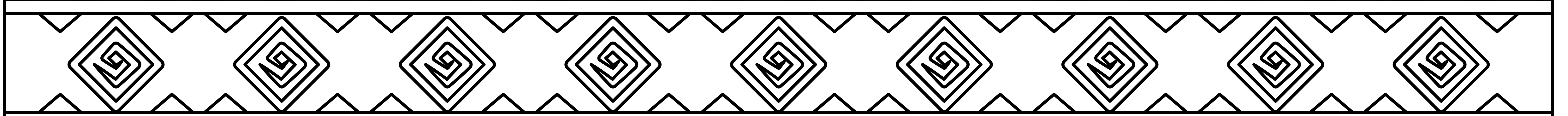
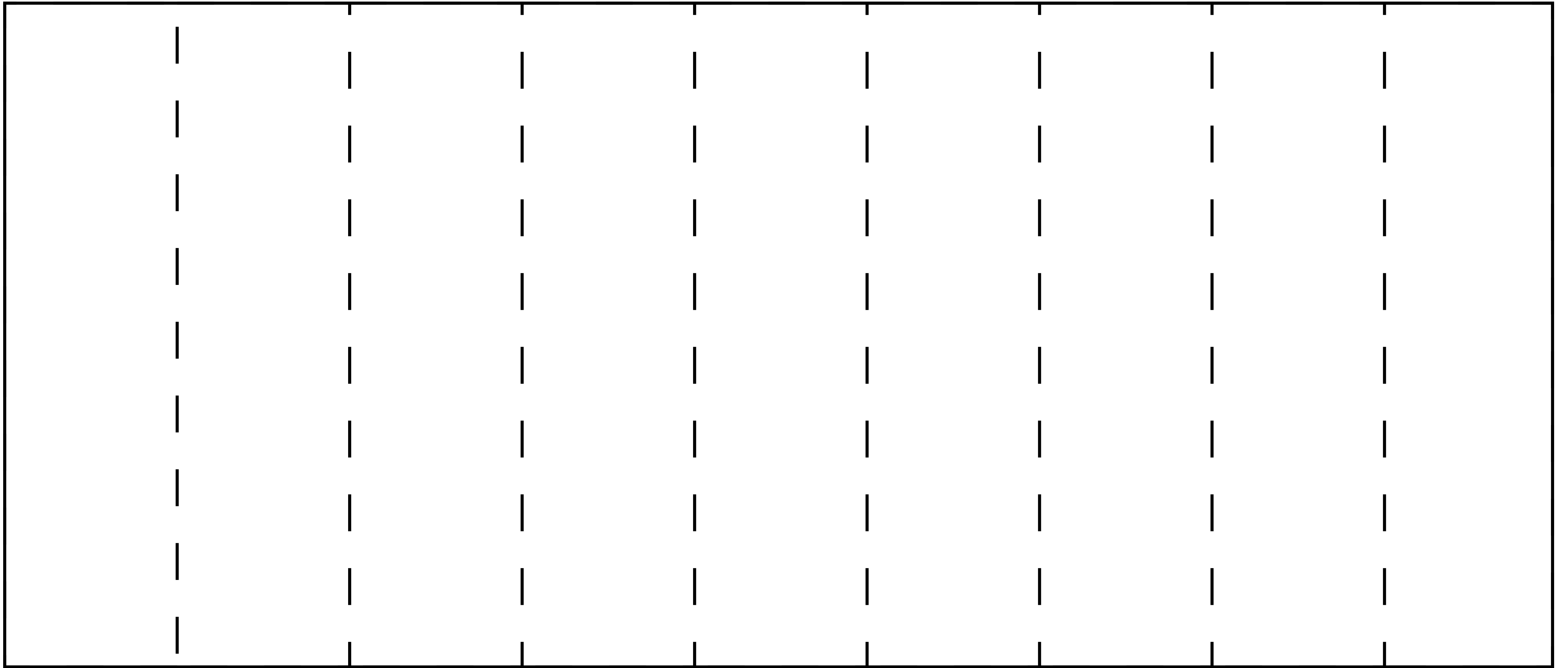
Be creative and have fun. This is a great way to enjoy music but also stay active and moving while playing.



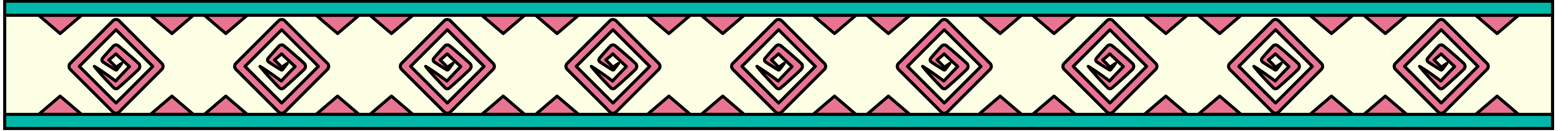
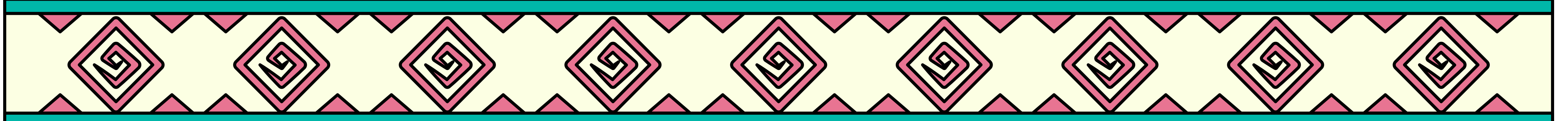


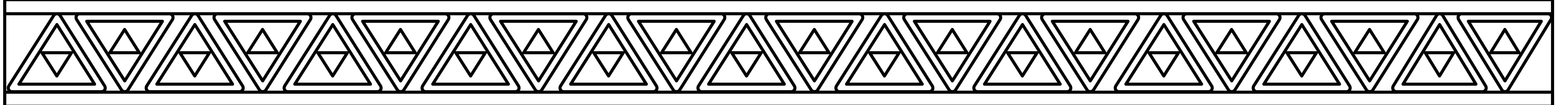
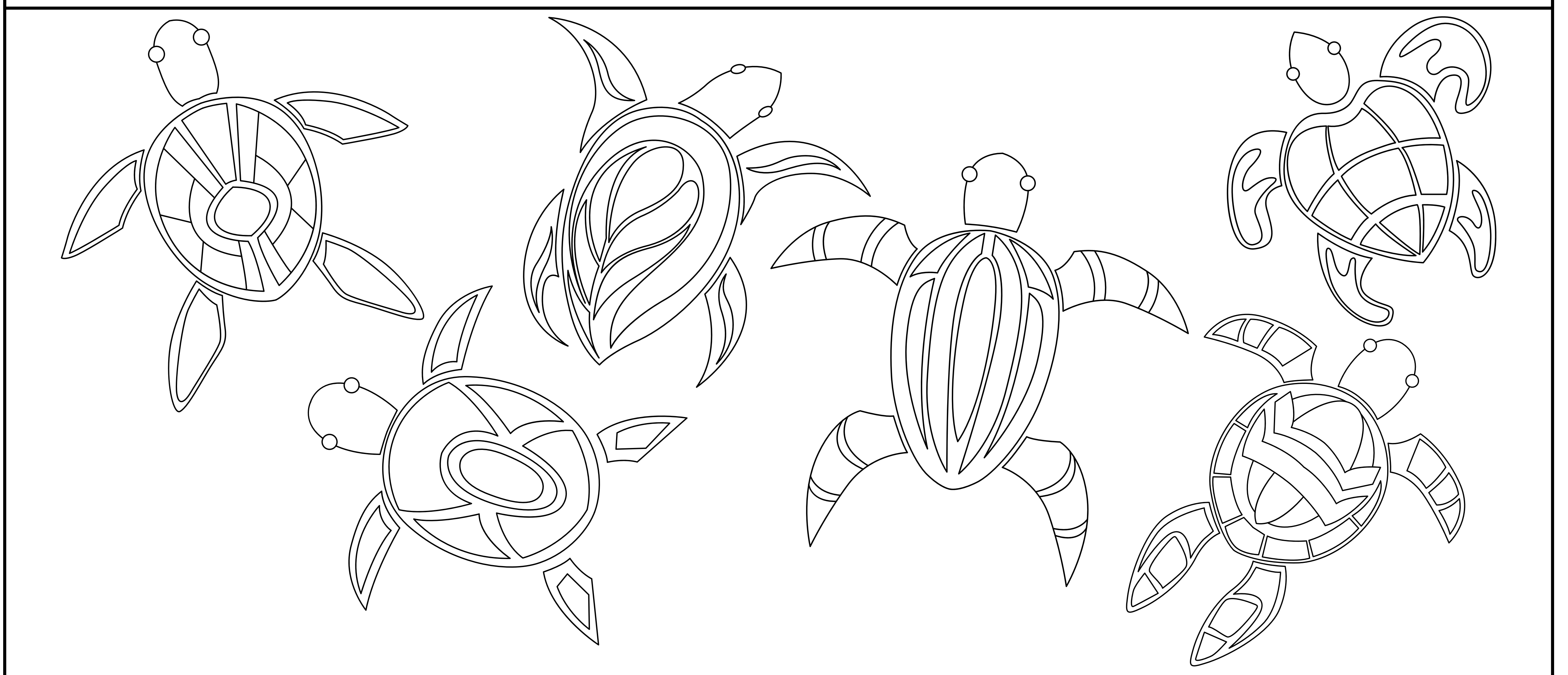
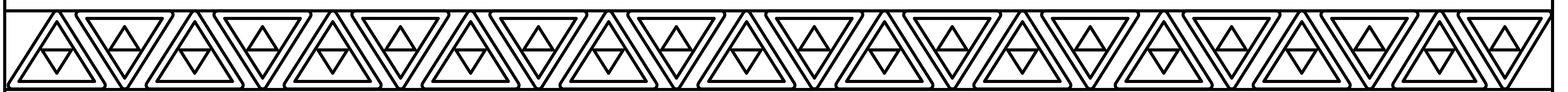
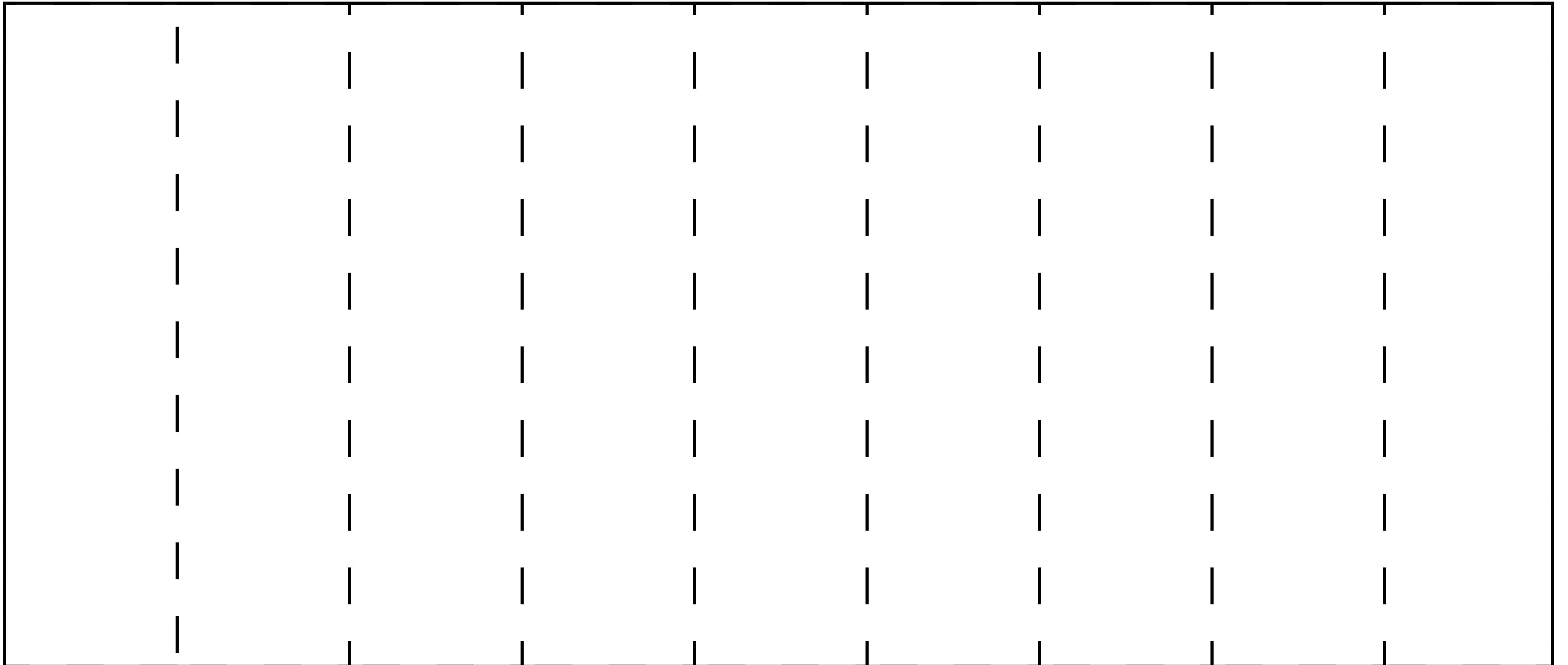
A large rectangular area with a light yellow background, featuring a grid of vertical dashed lines for tracing. There are eight vertical lines, each starting from the top edge and extending downwards, creating nine columns for writing or drawing.





A large rectangular area with a light yellow background, containing a grid of vertical dashed lines for writing. The grid consists of 10 vertical dashed lines spaced evenly across the width of the page.





A large rectangular area with a light beige background, featuring a grid of vertical dashed lines for writing practice. The grid consists of 10 vertical lines, creating 9 columns.

